

# COVID 19 SUPPORT PACK

## Parental Guidance

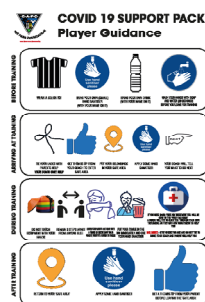
### PREPARING FOR TRAINING



PLEASE READ  
THROUGH YOUR TEAM  
**RISK ASSESSMENT**

SIGN THE TRAINING  
CONSENT FORM

RETURN THE FORM TO  
YOUR COACH



PLEASE READ  
THROUGH THE PARENT  
AND PLAYER  
GUIDANCE

### BEFORE TRAINING



YOUR CHILD WILL  
NEED TO WEAR A  
CLEAN KIT



YOUR CHILD WILL  
NEED THEIR OWN  
HAND SANITISER WITH  
THEIR NAME CLEARLY  
MARKED

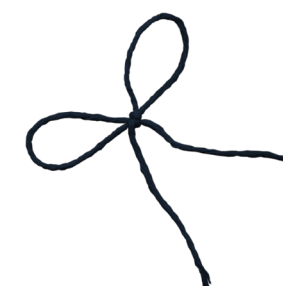


YOUR CHILD WILL  
NEED TO BRING THEIR  
OWN DRINK WITH  
THEIR NAME CLEARLY  
MARKED



YOUR AND YOUR  
CHILD SHOULD WASH  
YOUR HANDS WITH  
SOAP AND WATER (20  
SECONDS) BEFORE  
LEAVING FOR  
TRAINING

### ARRIVING AT TRAINING



PLEASE ASK OR HELP  
YOUR CHILD TO TIE  
THEIR LACES BEFORE  
ENTERING THE VENUE

**YOUR CHILD'S  
COACH CANNOT  
HELP DUE TO SOCIAL  
DISTANCING**



PLEASE WALK WITH  
YOUR CHILD TOWARDS  
YOUR COACH

REMAIN A SAFE  
DISTANCE AWAY (5-10  
METERS)

WHEN YOUR COACH  
SEES YOU, YOUR  
CHILD WILL GET A  
THUMBS UP TO MOVE  
INTO THE 'SAFE AREA'

### DURING TRAINING



PLEASE OBSERVE THE SESSION FROM  
THE '**PARENTS HUB**' SHOWN BY THE  
YELLOW CONES.

ONE PARENT PER HUB UNLESS FROM  
THE SAME HOUSEHOLD.

REMAIN IN VIEW OF YOUR CHILD AT ALL  
TIMES.



IF YOUR CHILD REQUIRES BASIC FIRST  
AID TREATMENT THEY WILL BE SENT TO  
THE '**FIRST AID AREA**'

A COACH MAY ATTEMPT TO GUIDE  
YOUR CHILD THROUGH THEIR  
TREATMENT, OR THEY MAY REQUIRE  
YOUR ASSISTANCE. THIS WILL BE  
INDICATED BY THE COACH



IF YOUR CHILD HAS A SERIOUS INJURY  
THE COACH WILL IMMEDIATELY SEND  
ALL ABLE PLAYERS TO THEIR 'SAFE  
AREAS'.

THE COACH WILL APPLY BASIC PPE  
(IF POSSIBLE) BEFORE ANY  
EMERGENCY TREATMENT.

PARENTAL SUPPORT WILL BE  
REQUIRED.  
DIAL 999

### AT THE END OF TRAINING



YOUR CHILD WILL:

RETURN TO THEIR  
'SAFE AREA'

SANITISE HANDS

COLLECT THEIR BE-  
LONGINGS



GIVE YOUR CHILD  
A 'THUMBS UP' TO  
SHOW YOU HAVE SEEN  
THEM AND ARE READY  
TO DEPART.

THE COACH WILL SEE  
THIS AND INDICATE  
THEY CAN LEAVE.

IF YOU  
URGENTLY NEED  
YOUR COACH  
AND CANNOT  
SAFELY GET  
TO THEM, GIVE  
THEM A CALL.