## Core Values – Answers

- 1) 7 only Borussia Dortmund doesn't
- 2) Real Madrid and Ajax Amsterdam
- 3) Real Madrid, Barcelona and Benfica
- 4) Juventus
- 5) Ajax Amsterdam
- 6) ambició, ambição, Ambition, ambitie
- 7) effort, sacrifice, respect, humility, ambition, responsibility, persistence, generosity
- 8) Selbstvertrauen
- 9) trabajo en equipo, treball em equip, lavoro di squadra

## Core Values of Top European Football Clubs

Most organisations, including schools, have 'core values'.

These values are a list of the things these organisations believe to be of the greatest importance.

They represent what an organisation stands for, and every member of the organisation is expected to respect and live up to them.

Here are some examples:

The British Army's core values are:

Courage

Discipline

Integrity (linked closely to honesty)

Loyalty

Selflessness

#### Ferrari's core values are:

Qualità	(quality)
Eccellenza	(excellence)
Lusso	(luxury)
Stile	(style)

Can you see how these core values might be appropriate for these particular organisations?

Football clubs also have core values.

Dunfermline Athletic's are:

Determination

Achievement

Focus

Community

Do you think these values are appropriate for a football club?

Now look at the core values of some top European football clubs, then try to answer the questions which follow. These are the clubs' actual values, so they are in a range of languages!

Paris Saint-Germain: grandeur, respect, passion

Real Madrid: liderazgo, esfuerzo, auto-control, respeto, trabajo en equipo

Barcelona: esforç, respecte, tolerància, ambició, humilitat, treball em equip, excel-lència,

responsabilitat

Bayern München: Respekt, Selbstvertrauen, Innovation, Vorbild, Verantwortung

Juventus: rispetto, lavoro di squadra, educazione, sacrificio, crescita personale

<u>Benfica</u>: esforço, sacrificio, respeite, humilidade, ambiçâo, responsabilidade, persistência, generosidade

Borussia Dortmund: Intensität, Echtheit, Bindungskraft, Ambition

Ajax Amsterdam: winnaarsmentaliteit, talent, leiderschap, ambitie, respect

<u>Question 1</u>: How many of the clubs have 'respect' as one of their values? <u>Question 2</u>: Which 2 clubs have 'leadership' as one of their values? <u>Question 3</u>: Which 3 clubs have 'effort' as one of their values? <u>Question 4</u>: Which club has 'education' as one of its values? <u>Question 5</u>: Which club has 'winning mentality' as one of its values? <u>Question 6</u>: Can you find the words for 'ambition' in 4 different languages? <u>Question 7</u>: How many of Benfica's values can you translate into English? Question 8: Which of Bayern München's values do you think means 'self-confidence'?

<u>Question 9</u>: Real Madrid, Barcelona and Juventus all have 'teamwork' as a core value. Can you find the words for it from the lists? (they are all expressed as 3 words)

<u>Question 10</u>: If you were choosing 5 values for a football club, which ones would you choose?

## Dunfermline Athletic in Europe in the 1960s

During the 1960s, Dunfermline Athletic played competitive matches against teams from many European countries.

Most of these countries are listed below, but with the names given in the actual language of each one.

## How many : do you know? / can you guess? / can you find out?

1. España <mark>Spain</mark>	8. Sverige Sweden
2. France France	9. Éireann <mark>Ireland</mark>
3. Deutschland Germany	10.Belgique / België Belgium
4. Norge Norway	11.Polska Poland

- 5. Danmark Denmark
- 6. Magyar Hungary
- 7. Česko Czech Republic
- 10.Belgique / Belgie Belgi 11.Polska Poland 12.Hrvatska Croatia 13.Κύπρος Cyprus
- 14.Ελλάς <mark>Greece</mark>

### How many of the following clubs can you match with the countries above?

St Patrick's A	thletic	Stuttgart	Gwardia Warzsawa	Anderlecht
Bordeaux	ΟΛΥΙ	νπιακος	Boldklubben	Athletic Bilbao
Valencia	ΑΠΟΕΛ		Örgryte	Dinamo Zagreb

1 Ireland 2 Germany 3 Poland 4 Belgium 5 France 6 Greece

7 Denmark 8 Spain 9 Spain 10 Cyprus 11 Sweden 12 Croatia

## Try to guess the correct scores for the following European home matches.

(Dunfermline didn't lose any!)

These are the scores, but not in the correct order : a) 2 - 0 b) 1 - 0 c) 4 - 2 d) 6 - 2 e) 3 - 2 f) 0 - 0 g) 5 - 0 h) 4 - 0 i) 4 - 1 j) 1 - 1

1. Dunfermline Athletic – Valencia	d
2. Dunfermline Athletic – Bordeaux	h
3. Dunfermline Athletic – Dinamo Zagreb	С
4. Dunfermline Athletic – St Patrick's Athletic	i
5. Dunfermline Athletic – Everton	а
6. Dunfermline Athletic – Anderlecht	е
7. Dunfermline Athletic – Athletic Bilbao	b
8. Dunfermline Athletic – Slovan Bratislava	j
9. Dunfermline Athletic – Boldklubben	g
10.Dunfermline Athletic – West Bromwich Albi	on <mark>f</mark>

# Dunfermline Athletic in Europe in the 1960s

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5. Danmark	12.Hrvatska
6. Magyar	13.Κύπρος
7. Česko	14.Ελλάς

### How many of the following clubs can you match with the countries above?

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2. Stuttgart	6. ΟΛΥΜΠΙΑΚΟΣ	10. ΑΠΟΕΛ
3. Gwardia Warzsawa	7. Boldklubben	11. Örgryte
4. Anderlecht	8. Athletic Bilbao	12. Dinamo Zagreb

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- 7. Dunfermline Athletic Athletic Bilbao
- 8. Dunfermline Athletic Slovan Bratislava
- 9. Dunfermline Athletic Boldklubben
- 10. Dunfermline Athletic West Bromwich Albion

## Answers: Dunfermline Athletic – Des Joueurs Inoubliables

Read the information below about these legendary Dunfermline Athletic footballers, then complete the tasks which follow.

### 1) Willie Callaghan

Willie Callaghan est né le douze août mille-neuf-cent-quarante-trois à Cowdenbeath.
Il a contesté deux finales de la Coupe d'Écosse. La première fois, Dunfermline a perdu contre Celtic par trois buts à deux devant plus de cent mille spectateurs.
La deuxième fois, trois ans plus tard, Dunfermline a gagné contre Hearts.
Il a joué presque trois cent fois pour Dunfermline, dont trente-quatre fois en Europe.
Pendant sa longue carrière à Dunfermline, il a été selectionné deux fois pour l'équipe nationale écossaise et il a joué contre l'Irlande du Nord et le Pays de Galles.

### Task 1- from the passage above, find the French words for the following :

1) born 2) goals 3) spectators 4) against 5) three years 6) career 7) national team 8) Wales

### 2) Alex Edwards

Alex Edwards est né le deux <mark>février</mark> mille-neuf-cent-quarante-six à Dunfermline. Il a débuté pour Dunfermline Athletic <mark>cinq jours</mark> après son <mark>seizième anniversaire</mark> et il avait encore <mark>seize</mark> ans quand il a joué <mark>un rôle très important</mark> dans la <mark>victoire célèbre</mark> contre Valencia.

Il a quitté Dunfermline pour Hibs, où il a continué à jouer pendant sept ans dans une équipe formidable.

Task 2– from the passage above, find the French words for the following:

February 2) five days 3) birthday 4) sixteenth 5) sixteen
 a very important part 7) victory 8) famous

### **Bert Paton**

Bert Paton est né le vingt-neuf avril mille-neuf-cent-quarante deux à Valleyfield.

Il <mark>a commencé</mark> sa carrière professionnelle à Leeds United, avant de retourner en

Écosse pour jouer à Dunfermline.

Comme <mark>joueur</mark> de Dunfermline Athletic il <mark>a marqué</mark> quatre-vingt-huit buts en un peu <mark>plus de</mark> deux cent <mark>parties</mark>.

#### Task 3– from the passage above, find the French words for the following:

April 2) began 3) returning 4) Scotland 5) player 6) scored
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# Football-related words in 5 Languages - Answers

Try to complete the English column in the table by using the words in the French, German, Italian and Spanish rows to help you.

English	French	German	Italian	Spanish
football	foot	Fußball	calcio	fútbol
cup	coupe	Pokal	сорра	сора
three points	trois points	drei Punkte	tre punti	tres puntos
stadium	stade	Stadion	stadio	estadio
victory	victoire	Sieg	vittoria	victoria
red card	carton rouge	rote Karte	cartellino rosso	tarjeta roja
defence	défence	Abwehr	difesa	defensa
ball	ballon	Ball	palla	pelota

Now try to complete the blanks in the rows below, using the words provided:

Meister	arbitre	gelbe Kar	rte j	oueur	por	tero	défaite
cortollino ciall	o Tom	u a ret	Mittalfala	J	ontrâinou	~	
cartellino giall	o Torv	vart	Mittelfeld	1	entrâineu	r	campeones
jugador	centroc	ampo	sconf	itta	arbitro		entrenador

English	French	German	Italian	Spanish
midfield	milieu de	Mittelfeld	centrocampo	mediocampo
	terrain			
player	joueur	Spieler	giocatore	jugador
yellow card	carton jaune	gelbe Karte	cartellino giallo	tarjeta amarilla
coach	entrâineur	Trainer	allenatore	entrenador
champions	champions	Meister	campioni	campeones
referee	arbitre	Schiedsrichter	arbitro	árbitro
defeat	défaite	Niederlage	sconfitta	derrota
goalkeeper	gardien de but	Torwart	portiere	portero

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goalkeeper	gardien de but		portiere	

## Health and Well-being 1 - True or False?

Which of the following statements are true, and which are false?

- Fruit and vegetables should make up around a quarter of your daily food intake. False one third
- 2. Fruit and vegetables provide the body with essential vitamins and minerals. True
- 3. Potatoes, bread, rice, pasta and cereals are all examples of starchy foods. True
- 4. Wholegrain varieties of starchy foods provide extra fibre. True
- 5. Fibre doesn't really make you feel any fuller after you have eaten. False
- 6. Starchy foods are a source of carbohydrate. True
- Carbohydrates give you good quick-release energy. False they provide slow-release energy
- 8. Sugar is a good source of slow-release energy. False it provides quick-release energy
- 9. Fish, chicken and eggs are all good sources of protein. True
- **10**. Protein helps with growth and muscle-repair. **True**
- 11. Calcium is important, but not for healthy teeth and bones. False
- **12.** Milk is an excellent source of calcium. **True**
- 13. Three normal-sized glasses of water a day are all you need for good hydration. False 6 to
  8 glasses are ideal
- 14. Sugary drinks make your joints and muscles work better than normal water does. False
- **15**. Good hydration doesn't make much difference to concentration or memory. **False**
- 16. A primary school pupil should get around eight hours of sleep each night. False 9

#### to 11 hours are needed

17. A fourteen-year-old high school pupil needs much less sleep than a ten-year-old primary school pupil.
 False – the difference is only around an hour

18. Getting enough sleep at night helps you to store in your memory the things you have been

learning in school during the day. True

## Health and Well-being 1 - True or False?

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- 14. Sugary drinks make your joints and muscles work better than normal water does.
- 15. Good hydration doesn't make much difference to concentration or memory.
- 16. A primary school pupil should get around eight hours of sleep each night.
- 17. A fourteen-year-old high school pupil needs much less sleep than a ten-year-old primary school pupil.
- 18. Sleeping enough at night helps you to store in your memory the things you have been learning in school during the day.

## Health and Well-being 2 - True or False?

Which of the following statements are true, and which are false?

- 1. In Scotland, fewer than 30% of 11- and 12-year-olds have a social media account.
- 2. In Scotland, it is legal to have your own social media account when you are 11.
- 3. In Scotland, 95% of 14- and 15-year-olds use social media before, during and after school.
- 4. For all school-age pupils in Scotland, the average daily time spent on social media is 140 minutes.
- 5. Most people, including adults, check their phones more than 75 times a day.
- Only around 5% of Scottish children have ever been the victims of some form of cyberbullying.
- 7. Fewer than 10% of Scottish children have ever said anything nasty online.
- More than 10% of Scottish children have admitted to starting a nasty rumour about someone.
- More than 10% of Scottish pupils of all ages think that 'life' online has nothing to do with 'real life'.
- 10. Around 10% of school pupils never have breakfast on a school day.
- 11. Skipping breakfast reduces a person's risk of becoming obese.
- 12. The 2 main causes of children's unhappiness across the U.K. are cyberbullying and feeling that they don't match up to 'perfect' images of people online.
- In countries where children are happiest, those children sleep more than children of the same age in other countries – and also have much less 'screen time'
- 14. Physical exercise plays a big part in improving well-being, and Scottish children exercise much more than children in most other European countries.

15. In countries where children are happiest, those children are less concerned with having the

'right' trainers or the latest upgrades than children in the U.K.

## Health and Well-being 2 - True or False? Answers

Which of the following statements are true, and which are false?

- In Scotland, fewer than 30% of 11- and 12-year-olds have a social media account. F more than 50%
- 2. In Scotland, it is legal to have your own social media account when you are 11. F
- 3. In Scotland, 95% of 14- and 15-year-olds use social media before, during and after school. T
- For all school-age pupils in Scotland, the average daily time spent on social media is 140 minutes. T
- 5. Most people, including adults, check their phones more than 75 times a day. T
- Only around 5% of Scottish children have ever been the victims of some form of cyberbullying. F 65%
- Fewer than 10% of Scottish children have ever said anything nasty online. F more than
   30%
- More than 10% of Scottish children have admitted to starting a nasty rumour about someone. T 15%
- More than 10% of Scottish pupils of all ages think that 'life' online has nothing to do with 'real life'. T more than 40%
- 10. Around 10% of school pupils never have breakfast on a school day. F 25%
- 11. Skipping breakfast reduces a person's risk of becoming obese. F it actually increases it
- The 2 main causes of children's unhappiness across the U.K. are cyberbullying and feeling that they don't match up to 'perfect' images of people online. T
- In countries where children are happiest, those children sleep more than children of the same age in other countries and also have much less 'screen time' T

- Physical exercise plays a big part in improving well-being, and Scottish children exercise much more than children in most other European countries.
- **15**. In countries where children are happiest, those children are less concerned with having the 'right' trainers or the latest upgrades than children in the U.K. **T**